

## Strathprints Institutional Repository

Kelly, Nicolas and Tuohy, Paul Gerard and Hawkes, Adam (2014) *Performance assessment of tariff-based air source heat pump load shifting in a UK detached dwelling featuring phase change-enhanced buffering*. Applied Thermal Engineering. ISSN 1359-4311 (In Press)

Strathprints is designed to allow users to access the research output of the University of Strathclyde. Copyright © and Moral Rights for the papers on this site are retained by the individual authors and/or other copyright owners. You may not engage in further distribution of the material for any profitmaking activities or any commercial gain. You may freely distribute both the url (<http://strathprints.strath.ac.uk/>) and the content of this paper for research or study, educational, or not-for-profit purposes without prior permission or charge.

Any correspondence concerning this service should be sent to Strathprints administrator: <mailto:strathprints@strath.ac.uk>

1 **PERFORMANCE ASSESSMENT OF TARIFF-BASED AIR SOURCE HEAT PUMP LOAD SHIFTING**  
2 **IN A UK DETACHED DWELLING FEATURING PHASE CHANGE-ENHANCED BUFFERING**

3 Nicolas J Kelly<sup>1\*</sup>, Paul G Tuohy<sup>1</sup>, Adam Hawkes<sup>2</sup>

4 <sup>1</sup>Energy Systems Research Unit, Department of Mechanical and Aerospace Engineering,  
5 University of Strathclyde, 374 Cathedral St, Glasgow, UK, G1 2TB

6 <sup>2</sup>Centre for Environmental Policy, Imperial College, Imperial College London, South Kensington  
7 Campus, London, UK, SW7 1NA

8 \*Corresponding author: nick@esru.strath.ac.uk

9  
10 **Abstract**

11 Using a detailed building simulation model, the amount of thermal buffering, with and without phase  
12 change material (PCM), needed to time-shift an air source heat pump's operation to off-peak  
13 periods, as defined by the UK 'Economy 10' tariff, was investigated for a typical UK detached  
14 dwelling. The performance of the buffered system was compared to the case with no load shifting  
15 and with no thermal buffering. Additionally, the load shifting of a population of buffered heat pumps  
16 to off-peak periods was simulated and the resulting change in the peak demand on the electricity  
17 network was assessed. The results from this study indicate that 1000L of hot water buffering or 500L  
18 of PCM-enhanced hot water buffering was required to move the operation of the heat pump fully to  
19 off-peak periods, without adversely affecting the provision of space heating and hot water for end  
20 user. The work also highlights that buffering and load shifting increased the heat pump's electrical  
21 demand by over 60% leading to increased cost to the end user and increased CO<sub>2</sub> emissions  
22 (depending on the electricity tariff applied and time varying CO<sub>2</sub> intensity of the electricity generation  
23 mix, respectively). The study also highlights that the load-shifting of populations of buffered heat  
24 pumps wholly to off-peak periods using crude instruments such as tariffs increased the peak  
25 electrical loading by over 50% on the electrical network rather than reducing it and that careful  
26 consideration is needed as to how the load shifting of a group of heat pumps is orchestrated.

27 Keywords: load shifting; demand side management; domestic; heat pump; phase change material;  
28 simulation.

29 **1. Introduction**

30 The UK has committed itself to radically reducing its greenhouse gas (GHG) emissions over the  
31 coming decades, with a specific target of an 80% reduction by 2050 [1]. Key to achieving this goal lies  
32 in decarbonising the space and water heating demands of the 26 million dwellings that comprise the  
33 UK domestic sector [2]. Housing accounts for over 30% of the UK's final energy consumption [3] and  
34 around 38% of its greenhouse gas (GHG) emissions [4].

35 The widespread uptake of heat pumps, coupled with central electricity generation from nuclear and  
36 renewable sources is often cited as a means to decarbonise domestic heating (e.g. [5], [6]). However,  
37 as the vast majority of UK dwellings likely to be extant in 2050 are already constructed [7], then a  
38 radical reduction in domestic GHG emissions will require a widespread heat pump retrofit  
39 programme. Air source heat pumps (ASHPs) have the potential to act as a direct replacement for the  
40 fossil-fuelled boilers commonly found in UK housing, though their control needs to be slightly  
41 different and heat emitters need to be resized to account for the lower flow temperatures delivered  
42 by heat pumps [8]. The (relatively) low cost of installation and the lack of a requirement for ground  
43 works makes ASHPs a more feasible mass retrofit proposition than ground source heat pumps  
44 (GSHP).

45 A consequence of significant numbers of ASHPs being retro-fitted into the housing stock could be  
46 substantially increased electrical load in the low voltage (LV) distribution system (e.g. [9]) leading to  
47 problems such as voltage dips and cable overloading, and potentially the need for expensive network  
48 reinforcement. One means to avoid this scenario is to shift heat pump electrical demand to off-peak  
49 periods such as the early morning, late evening or the middle of a typical working day, when

50 domestic electrical demand is lower. However, this could have an impact on the delivery of adequate  
51 indoor temperatures and the provision of hot water. *Effective* shifting of heat pump operation  
52 requires that the manipulation of operating times is achieved with the minimum of inconvenience to  
53 the end user. An appropriate means to deliver effective load shifting is through the provision of  
54 sufficient thermal buffering to temporally decouple the operation of the heat pump from the space  
55 heating and hot water demands.

### 56 **1.1 Review**

57 There are many examples of electrical heating or cooling load shifting in the literature. For example,  
58 Moreau [10] studied load shifting in populations of hot water heating loads, indicating that care is  
59 required in how load shifting was undertaken or there was a risk of exacerbating rather than  
60 reducing the demand on the network. In a study focused on wind energy, Callaway [11] assessed the  
61 potential for manipulation of large populations thermostatically controlled loads to follow variable  
62 renewable generation. Wang *et al* [12] analysed the potential for load shedding in a large population  
63 of many thousands of unbuffered domestic heat pumps by manipulating of the space heating set  
64 point. Focusing specifically on heat pumps, Hewitt [5] argues that their use with thermal storage  
65 could be a useful means of load management in an electricity system with increasing quantities of  
66 renewable energy generation. However, as the paper is strategic in focus, the author does not  
67 undertake any specific analysis of the load shifting potential nor of the size of thermal store required.

68 Whilst the aforementioned studies on large populations of devices provide useful insight into the  
69 scope for domestic load management, they do not truly examine the potential effect on the end user  
70 in terms of comfort or provision of hot water. This either is because the thermal model employed is  
71 necessarily simplified (due to the large number of loads covered in the study) or because only one  
72 aspect of heating is covered (i.e. space or water heating). Proper assessment of the effect of thermal  
73 load shifting on the end user typically requires the use of a more detailed model of the building.

74 Studies focused on the implications of load shifting at the level of the individual dwelling, with  
75 detailed modelling of the impact on internal conditions are less common in the literature.  
76 Bagdanavicius and Jenkins [6] use a building simulation tool to estimate the potential extra electrical  
77 load on the supply network from domestic heat pumps. They indicate that significant load shifting  
78 would be required to reduce demand peaks, though the authors do not explicitly model any load  
79 shifting nor its impacts. Hong *et al*, ([13], [14]) examined the potential for flexible operation of air  
80 source heat pumps (ASHP) retro-fitted into UK dwellings when constrained by the need to deliver hot  
81 water and thermal comfort. They found that shifts in heat pump operating times of up to 6-hours  
82 were possible, but only with the addition of significant quantities of hot water thermal buffering (up  
83 to 500 L) coupled with extensive improvements to the building fabric: in their paper, the authors do  
84 not explicitly follow any load shifting strategy and instead use a sensitivity analysis. Further, the  
85 authors do not fully explore the implications of load shifting on the heat pump's energy and  
86 environmental performance. Arteconi *et al* [15] investigated the use of buffering in detached  
87 dwellings insulated to 1990 UK building standards with both under floor and radiator-based heating  
88 systems. They calculated that up to 800 L of buffering would be required to deliver only 1-hour of  
89 load shifting. In this study, the authors only analyse sensible thermal buffering. Hong *et al* pointed  
90 out the difficulty of accommodating large hot water tanks; particularly as new build UK housing is  
91 high-cost reducing in size [16]. More volumetrically efficient thermal buffering (e.g. PCM-enhanced  
92 buffering) is therefore beneficial, as it would take up less valuable living space within a dwelling.

### 93 **1.2 Objectives**

94 By simulating the performance of a 'typical' UK family dwelling [17] equipped with a heat-pump-  
95 based heating system, the contribution of this paper is to address some of the gaps in the knowledge  
96 relating to domestic heat pump load shifting. Firstly, the volume of thermal storage (with and  
97 without PCM) required to effectively load shift heat pump entirely to off-peak periods, as defined by  
98 the UK economy 10 tariff [18], is assessed; this is the volume of storage required to achieve shifting  
99 *without* affecting end-user comfort and hot water delivery. Secondly, the impact of load shifting on

100 the heat pump's energy and environmental performance is assessed along with an assessment of the  
101 effect on running costs. Finally, to assess the potential impact on electrical demand, an example is  
102 presented where a population of heat pumps are load shifted to timings dictated by the UK the  
103 Economy 10 tariff.

## 104 **2. Modelling**

105 The typical UK family dwelling was developed as an integrated ESP-r model [19], which features both  
106 the dwelling, the heat pump and its associated heating system. The ESP-r building simulation tool,  
107 allows the energy and environmental performance of the building and its energy systems to be  
108 determined over a user defined time interval (e.g a day, week, year). The tool explicitly calculates all  
109 the all of the energy and mass transfer processes underpinning building performance. These include:  
110 including conduction and thermal storage in building materials, all convective and radiant heat  
111 exchanges (including solar processes), air flows, interaction with plant and control systems. To  
112 achieve this, a physical description of the building (materials constructions , geometry, etc.) is  
113 decomposed into thousands of 'control volumes'. In this context, a control volume is an arbitrary  
114 region of space to which conservation equations for continuity, energy (thermal and electrical) and  
115 species can be applied and one or more characteristic equations formed. A typical building model will  
116 contain thousands of such volumes, with sets of equations extracted and grouped according to  
117 energy system. The solution of these equations sets with real time series climate data, coupled with  
118 control and occupancy-related boundary conditions yields the dynamic evolution of temperatures,  
119 energy exchanges and fluid flows within the building and its supporting systems. The validity of the  
120 ESP-r tool is reviewed in [20].

121 The focus of the work presented here is therefore the application of the ESP-r tool, rather than  
122 development of algorithms or new functionality: all of the models used are already available in the  
123 general release of ESP-r. The algorithms underpinning the key heating system components referred  
124 to later in this paper are documented in more detail elsewhere: air source heat pump [21], the  
125 buffering and hot water storage tanks [22] and radiators and controls [23].

### 126 **2.1 Model Details**

#### 127 *Dwelling*

128 The dwelling analysed in this paper represents a typical UK detached house [17]. This type of  
129 residence comprises around 30% of the existing UK housing stock [2] and is large enough to  
130 accommodate the volume of thermal buffering indicated by Hong *et al* [14] and Arteconi *et al* [15] as  
131 required for load shifting. The dwelling model is shown in Figure 1. The dwelling has a floor area of  
132 136 m<sup>2</sup> spread over an upper and ground floor. The building features three main spaces (zones): a  
133 loft zone and two composite zones describing (respectively) the areas of the dwelling hosting active  
134 occupancy such as the living room and kitchen and those areas that have low occupancy rates or that  
135 are occupied at night such as bathrooms and bedrooms, respectively. The key characteristics of the  
136 model are shown in Table 1; this form of model captures the pertinent thermodynamic  
137 characteristics of the building's performance and has been deployed successfully in other studies,  
138 e.g. [24].

139

140

Figure 1

141

142

143 This necessity of thermally upgrading the building fabric in parallel with the installation of the heat  
144 pump is illustrated in the findings of Hong *et al.* [13, 14], who indicated that without thermal  
145 improvements, the volume of thermal storage required for load shifting becomes impractical.  
146 Consequently, The fabric of the dwelling was subject to a pragmatic and cost-effective energy

147 efficiency retrofit<sup>1</sup>. The external cavity wall was filled with 60mm of insulation. Thermal bridging in  
148 the fabric was accounted for by adding a further 10% to the external wall U-values over and above  
149 the values derived from the constructions of Table 1. A total of 300mm of insulation was added  
150 between the loft space and the occupied areas of the building. A further 300mm of insulation was  
151 added between the occupied area of the building and the void under the floor space. The building is  
152 assumed to have pre-existing double glazing, the U-value used is typical of pre-2002 UK double  
153 glazing with a UPVC frame [25, 26]

154

Table 1

155 The *average* air change rate used in the model is 0.5 air-changes-per-hour, which is also the value  
156 typically applied in standard dwelling assessments [26]; this value is consistent with air tightness  
157 values measured in similarly thermally upgraded dwellings [27]. The air change rate represents the  
158 average volume of outside air entering the dwelling under normal operating conditions and  
159 comprises the construction infiltration plus the occupant's use of trickle vents, windows and doors.  
160 Additionally, the infiltration model also accounts for increased window opening as indoor  
161 temperatures rise, infiltration increased to mimic the effect of window opening in order to prevent  
162 overheating.

163 The dwelling was assumed to be occupied by a family of four (two adults and two children) with  
164 active weekday occupancy between 07.00-09.00hrs and 17.00-23.00hrs. The occupants were  
165 assumed to be sleeping between 23.00-07.00hrs. Outside of these periods, the house was  
166 unoccupied. During weekends, active occupancy was assumed to be between 08.00-10.00 and 16.00-  
167 24.00hrs, with the family sleeping between 24.00 to 08.00 and engaged in other activities away from  
168 the home between 10.00 and 16.00; the weekday and weekend occupancy profiles are derived from  
169 UK time-use survey data [28].

#### 170 *Air Source Heat Pump*

171 The ASHP supplies the space and water heating needs of the dwelling. The dynamic air source heat  
172 pump model (ASHP) used in these simulations was calibrated and verified using field trial data as  
173 described by Kelly and Cockroft [21]. The version of the model used here has a nominal 10kW of  
174 thermal output and nominal coefficient of performance of approximately 2.8. In common with other  
175 ESP-r systems component models, the ASHP algorithm is dynamic and explicitly accounts for thermal  
176 inertia, the variation in the return hot water temperature and ambient air temperature and their  
177 impact on heat output and compressor power consumption. The model also accounts for impact of  
178 defrosting of the evaporator coils as a function of outdoor relative humidity and air temperature.  
179 Illustrative performance output from the model is shown in Figure 2a, which shows the variation in  
180 ASHP heat output and coefficient of performance with external temperature. AS would be expected,  
181 both COP and heat output deteriorate as ambient temperature drops. The spread of these values is  
182 due to the dependence of both on the ambient and the return water temperature from the heating  
183 system. For example, when the heat pump starts up, the COP and heat output is initially high as the  
184 heating system is cool and the temperature difference across the heat pump is at its lowest. Both the  
185 COP and heat then drop as the heating system comes up to temperature. This performance mirrors  
186 the performance characteristics seen in UK field trials [21].

187

Figure 2a

188 Key parameters and equations used with the model are shown in Table 2.

189

Table 2

#### 190 *Systems Model*

191 The heat pump model described above was integrated with other ESP-r systems component models  
192 to form a systems network; these in turn were linked into the building model to form an integrated

---

<sup>1</sup>In principle, it would be possible to upgrade a dwelling to passive house standards [29]; however this would require extensive building modifications in order to drastically reduce the U-value of external surfaces along with infiltration of outside air and such dramatic modifications could be prohibitively expensive (e.g. [30]).

193 building and systems model. The unbuffered and buffered systems networks developed for these  
194 simulations are illustrated in Figures 3a and 3b, respectively. These were applied to assess the  
195 performance of the heat pump with no load shifting (reference case) and with its operation set-back  
196 to off-peak periods, respectively.

197 Note that, all of the other component models (e.g. pumps, piping radiators) used in the systems  
198 networks are derived using the same control volume approach that was used in the heat pump  
199 model and which is also applied in the modelling of the building. All of the components shown are  
200 available in the standard release of ESP-r.

201

202

Figure 3a

203

204

Figure 3b

205

206 In the unbuffered system model, the ASHP supplies hot water to the heating circuit directly (a  
207 configuration seen in many UK installations e.g. [21]; the piping, valves and radiators of the heating  
208 circuit are modelled explicitly using existing, validated ESP-r models [26]. The model of the radiators,  
209 like other ESP-r components is dynamic, with its heat output calculated as a function of the radiator  
210 surface areas, hot water inlet temperature and the surrounding building (zone) air and radiative  
211 temperatures. The radiators have been sized to operate at a nominal flow temperature of 50°C from  
212 the heat pump. However, as is shown later in Figures 9 and 10, as the dynamic performance of the  
213 heating system is simulated, the actual temperature of water delivered to the radiators and  
214 consequently their heat output varies with time.

#### 215 *Domestic Hot Water Tank and Hot Water Draws*

216 The heat pump also services the 200 L domestic hot water (DHW) tank via an internal hot water  
217 heating coil - a common set-up in the UK. The ESP-r tank model used to represent the DHW tank  
218 comprises a large number of finite volumes (approximately 100), for each of which an explicit energy  
219 balance equation is derived; the ESP-r tank model is described in detail by Padovan and Manzan [22].  
220 The model explicitly accounts for stratification. Heat is supplied from the heat pump via an indirect  
221 heating coil, and hot water is drawn directly from the tank. The heat loss from the tank is calculated  
222 based on an assumed heat loss coefficient of 1W/m<sup>2</sup>K: this is typical of the insulation levels found on  
223 modern UK water tanks.

224 The time-varying hot water draw from the DHW tank was calculated based on a stochastic, high-  
225 resolution algorithm developed by Jorden and Vagen [31]; this calculates hot water draws at a 1-  
226 minute resolution. A nominal daily hot water demand of 120 L/day is assumed (consistent with the  
227 hot water use of a family of four [32]). The nominal percentage of the total daily draw taken at  
228 different periods of the day is defined along with four characteristic draw types, representing draws  
229 from basins, hot water appliances such as washing machines, draws attributable to showers and  
230 draws associated with baths. Each of these draw types is assigned a nominal draw flow rate and  
231 standard deviation along with the nominal percentage of the daily draw attributable to that type  
232 (Table 3).

233

Figure 4

234

235

Table 3

236

#### 237 *Buffer Tank*

238 In the buffered system, a circulation pump transfers the heat stored in the buffer tank to the heating  
239 and hot water circuits. Like the DHW tank model, the buffer tank model explicitly accounts for  
240 stratification and the heat is supplied from the heat pump via an indirect heating coil. The systems

241 variants shown could be retro-fitted into many existing UK dwellings and was employed in recent UK  
242 heat pump trials [33]. The buffer tank is supplied with heat from the ASHP via a hot water heat  
243 exchanger located in the bottom portion of the tank. Hot water for the heating circuit and DHW  
244 (Figure 5) is taken from the top of the tank and the cold-water feed is supplied to the lower portion  
245 of the tank. The buffer tank can be augmented with variable numbers of cylindrical, encapsulated  
246 phase change modules (as shown in Figure 5) and so can be used to model hot-water-only thermal  
247 buffering as well as hot water buffering incorporating different percentages (by tank volume) of  
248 PCM. The model explicitly tracks the phase state of the PCM modules. As with the DHW tank, heat  
249 loss coefficient of  $1\text{W}/\text{m}^2\text{K}$  was assumed.

250

251

Figure 5

252

### 253 *System Control*

254 The heating system control strategy was derived from heat pump field trials and monitoring studies  
255 [23, 33] and differed depending upon whether a buffer tank was present. With a buffer tank, the  
256 ASHP was operated in an attempt to maintain the buffer temperature between  $50$  and  $55^\circ\text{C}$ , (on/off  
257 control with a  $10^\circ\text{C}$  dead band). The circulating pump then provided heat to the hot water tank and  
258 heating system if there was a requirement for either space heating or hot water. Ideally, the DHW  
259 tank was ideally maintained between  $43$ - $45^\circ\text{C}$  and the space temperatures within the living zone  
260 were ideally to be maintained between  $19.5$  and  $22.5^\circ\text{C}$ , both using on/off control with a dead band.  
261 In additionally to control of the ASHP based on space temperatures, the flow to the radiators in each  
262 individual zone is modulated using a valve component to maintain space temperatures, where  
263 possible, between  $19.5$  and  $22.5^\circ\text{C}$ ; this mimics the action of thermostatic radiator valves (TRVs).

264 As is common in UK heating systems, priority was given to hot water - the hot water priority valve  
265 diverts all of the heat supply to the hot water tank if this was below the set point temperature. Only  
266 when the hot water tank was between  $43$  and  $45^\circ\text{C}$  was heat supplied to the heating circuit. With the  
267 unbuffered system, the ASHP was controlled directly in an attempt to maintain the conditions  
268 indicated previously in the DHW tank and living space.

269 Note that in UK boiler-based hot water systems, the convention is that hot water is maintained at  
270  $60^\circ\text{C}$  to prevent the growth of Legionella bacteria [34]. However, this is an inefficient practice as the  
271 Legionella threat can be removed by occasionally raising water storage tank temperatures above  
272  $60^\circ\text{C}$  [35]. In the simulations that follow the hot water tank temperature is raised to  $60^\circ\text{C}$  by an  
273 electric heater once every 10 days at an energy cost of approximately  $180\text{kWh}$  per annum.

274 The on-off control used with the heating system represents the type of heating control commonly  
275 employed in millions of UK dwellings and the recent UK Energy Saving Trust field trial of domestic  
276 heat pumps [33].

### 277 **3. Methodology**

278 Using the ESP-r model described, a series of simulations were run to

- 279 • determine the size of thermal buffer required to shift the heat pump operation wholly to off-  
280 peak periods (as defined by the Economy 10 tariff [18]) in an extreme winter week;
- 281 • assess the overall annual performance of the load-shifted heat pump; and
- 282 • gauge the impact of heat pump load shifting using the Economy 10 tariff on the electrical  
283 demand of a group of dwellings.

284 The specific details of each of these simulations is described in the following sections.

#### 285 **3.1 Buffer Sizing and PCM-Enhanced Buffering Simulations**

286 In order to determine the size of the buffer tank required for the load shift, the performance of the  
287 dwelling with heat pump was simulated over a cold winter week in January<sup>2</sup>, in which the minimum  
288 ambient temperature was -2.1°C, the maximum temperature was 9.5°C and the mean temperature  
289 was 3.4°C. These conditions are characteristic for the UK's maritime climate in winter. The cold  
290 ambient temperatures represents an extreme case, when the heat pump COP will be low, and  
291 ensures that the load-shifted heat pump and buffer can adequately meet hot water and space  
292 heating demands throughout the year.

293 To implement the load shift, the heat pump was constrained to operate only in off-peak periods as  
294 defined by the UK economy 10 tariff, which offers lower electricity prices between the times of  
295 00.00-05.00hrs, 13.00-16.00hrs and 20.00-22.00hrs. Constraining the heat pump to operate within  
296 these hours means that other than the period 20.00-22.00hrs, it was operated when the house was  
297 unoccupied or when the occupants were asleep. The hot water circulation pump (Figure 2) could  
298 draw heat from the buffer tank at any time between the hours of 06.00-09.00hrs and 16.00-23.00hrs,  
299 i.e. corresponding to the periods of active occupancy within the dwelling plus one-hour of pre-  
300 heating at the beginning of each period, controlled using a timer.

301 In successive simulations, the volume of the thermal buffer was varied from 200-1200 L in 100 L  
302 increments. In addition, the percentage of PCM in the thermal buffer (by volume) was varied from  
303 0% up to 70% in 10% increments; above 70% PCM, the space remaining in the tank for the charging  
304 heat exchanger becomes too restrictive. This approach enabled the hot-water-only buffer size *and*  
305 the PCM-enhanced buffer size required for effective load shifting to be determined from the same  
306 group of simulations.

307 The PCM used in these simulations was a commercially available inorganic hydrated salt with the  
308 characteristics shown in Table 4; this material was selected as the best-fit match for the operating  
309 characteristics of the heat pump, enabling the buffer to operate in the phase change range and  
310 making best use of the material's latent heat.

311

312 Table 4 [36]

313 For the purposes of comparison, the performance of the unbuffered heat pump was simulated with  
314 no load shifting imposed (the reference case). The heat pump was connected directly to the heating  
315 circuit (Figure 1) and the hours of possible heat pump operation were set to 06.00-09.00hrs and  
316 16.00-23.00hrs, with the heat pump free to operate at any point within the time periods. Note that  
317 these times also coincide with the UK's morning and evening peaks of electrical demand between  
318 08.00-09.00hrs and 17.00-18.00hrs respectively [37].

319 The times in which the heat pump is allowed to operate for both the load-shifted and reference cases  
320 are shown in Figure 6.

321 Figure 6

322 The key performance criteria to be extracted from the simulation results were that 1) the living zone  
323 dry resultant temperatures should not fall below 18°C and 2) hot water temperatures should be kept  
324 above 40°C during occupied hours.

325 A dry resultant temperature of 18°C is towards the lower end of acceptable thermal comfort as  
326 defined by Fanger [38]. Note that a dry resultant temperature (50% mean radiant temperature, 50%  
327 dry bulb temperature) of 18°C does not guarantee comfort; this is dependent upon many other  
328 factors including clothing and activity, hence this is an approximate metric.

329 Water supplied at 40°C is the temperature of a typical shower [39]. The buffer sizes identified from  
330 this stage of modelling are the lowest buffer tank volumes (with or without additional PCM modules)  
331 that satisfy the two aforementioned criteria.

---

<sup>2</sup> As is normal with an ESP-r simulation, to minimise the impact of initial temperatures on the simulation results, the simulated week was preceded by a 14-day "pre-simulation" period where the performance of the model was solved, but the results were not saved.



332 Other performance metrics extracted were the heat pump coefficient of performance, its electrical  
333 energy consumption and the number of on-off cycles, all of which were affected by the use of  
334 thermal buffering and the alteration of the heat pump operating times.

### 335 **3.2 Energy, Economic and Environmental Performance**

336 For the buffer sizes (with and without PCM) identified from the 1-week simulations which maintained  
337 comfort and hot water temperatures, a further annual simulation was undertaken. The ASHP  
338 technical performance data from these simulations was analysed to determine the heat pump  
339 energy use, running costs along with the carbon emissions associated with the electrical energy use  
340 of the heat pump. Table 5 shows the on and off-peak prices applied [40].

341

342 Table 5

343

344 To quantify the CO<sub>2</sub> emissions from the heat pump whilst accounting for the effect of load shifting it  
345 was necessary to generate time-varying carbon intensity data using a technique described by Hawkes  
346 [34]. Briefly, data on the UK generation-mix for each hour of 2011 was obtained from Elexon [41].  
347 This information along with the assumed carbon intensities for different generation types [40] was  
348 then used to calculate the average hourly CO<sub>2</sub> intensity (gCO<sub>2</sub>/kW) for grid electricity for each hour  
349 of the year as shown in Figure 7a. Additionally, Figure 7b shows the grid carbon intensity variations  
350 over the simulated winter week. The simulated heat pump electrical demand over each hour (kWh)  
351 could then be mapped to the appropriate CO<sub>2</sub> intensity and so the CO<sub>2</sub> emissions (kg) associated with  
352 the operation of the heat pump over every hour of the year could be calculated.

353 Figure 7a

354 Figure 7b

### 355 **3.3 Load Shifting a Population of Heat Pumps**

356 The effect of load shifting on the local, low voltage (LV) network, over several hours with the aid of a  
357 PCM-enhanced thermal buffer was analysed on the aggregate demand of a population of 50 similar,  
358 detached dwellings. This scenario approximates the situation found in many UK suburban housing  
359 estates (e.g. [42]), where the dwellings are of a similar age and type and corresponds to a worst case  
360 scenario that amplifies the effect of the electrification of heat and load shifting. The analysis was  
361 undertaken over the same cold winter week used to size the buffer tank capacity.

362 Each dwelling incorporated a retrofitted, buffered heat pump. In order to enact the load shift, the  
363 operation of the whole population of heat pumps was constrained to Economy 10 off-peak periods.  
364 The resulting aggregate demand for the 50 dwellings was then compared to the case where  
365 unbuffered heat pumps were allowed to meet the dwellings' heating demand without operating  
366 constraints. The occupancy of the dwellings was predominantly intermittent, with pronounced peaks  
367 of electrical and heating activity in the morning and evening.

368 The load management analysed here involves very substantial load shifts using a relatively crude,  
369 tariff-based approach. Consequently, the analysis that follows does not constitute an optimum  
370 means of load shifting; however, it does illustrate some of the potential implications of shifting  
371 thermal loads over periods of several hours using existing levers such as Economy 10. Substantial  
372 load shifting of this type may be required in order to radically re-shape local, domestic demand;  
373 though such a high penetration of heat pumps represents a severe test for the LV network.

374 This study required the use of ESP-r to calculate the heat pump electrical power consumption along  
375 with a domestic electricity demand model (DEDM) developed by Richardson *et al* [43]. The DEDM  
376 calculated the matching electrical demand of each household (excluding the heat pump demand).  
377 The summation of each dwelling's heat pump electrical demand and the household appliance  
378 demand gave the total (real) electrical demand.

379 *Implementing Diversity for Unconstrained Operation*

380 An important element in the determination of the aggregate demand was to introduce diversity into  
381 the individual heat demands. Accordingly, for each dwelling modelled in ESP-r, the total operating  
382 time of the heating system, the heating system start/stop time settings and the heating system set  
383 point were randomly varied according to statistical distributions provided by Shipworth et al [44]. In  
384 their survey of conventional domestic heating operating conditions, Shipworth *et al* [44] provide  
385 estimated data on UK heating system operating times and heating system set points. This estimated  
386 data was derived from heating system monitoring and indicated that for a detached house, the  
387 mean, aggregate time over which a central heating system was active was approximately 8.7 hours  
388 per day with a standard deviation of 1.4.

389 The study by Shipworth *et al.* [44] does not provide information on the specific hours over which a  
390 heating system would be operational. Consequently, in order to produce specific, diverse operating  
391 times for a population of heat pumps, the basic heating system start and stop times outlined for the  
392 sizing simulations were each taken as a mean value and assigned a standard deviation. An iterative,  
393 multi-dimensional search was then employed to calibrate the four resulting standard deviations such  
394 that, when averaged over a large number of runs, the randomly generated heating system operating  
395 times produced from these distributions (shown in Table 6) matched the mean heating system  
396 operating time distribution observed in [44]. Note this approach explicitly assumes that the majority  
397 of dwellings have two distinct heating periods; this is a common assumption in UK domestic energy  
398 models such as BREDEM [45].

399 Table 6

400 To provide additional diversity, the thermal buffering for each dwelling was provided by either a  
401 1000 L hot water or 500 L, 50% PCM-enhanced buffer. Further, the number of dwelling occupants  
402 (and subsequent heat gains) were assigned based on household size statistics from the UK office of  
403 national statistics [46]. Dwelling infiltration levels were randomly assigned based around the  
404 infiltration distributions for thermally improved dwellings provided by Johnston et al [27], and set  
405 points were allocated based on the monitored distribution for detached dwellings in [44].

#### 406 *Diversity for Load-Shifted Operation*

407 For the case of the load-shifted heat pumps, the possible period of operation for each heat pump  
408 was constrained to those times dictated by the Economy 10 tariff. It was assumed that end-users  
409 would allow their heat pump operating times to be adjusted accordingly. However, the Economy 10  
410 tariff times only define the period within which the heat pump *may* operate, whether or it does or  
411 not is dependent upon the timing of the space heating and hot water demands. Recall, that in the  
412 load-shifted system, the space heating and DHW load was met by a circulating pump drawing hot  
413 water from the buffer tank. The operating times of the circulating pump (i.e. the times when heat is  
414 required by the end user) were subject to the same diversity criteria as outlined previously for the  
415 unconstrained, unbuffered heat pump operation. Therefore, whilst the potential operating period of  
416 the heat pump is constrained by tariff times, the demand for heat and the operation of the buffered  
417 system's hot water circulating pump is subject to diversity.

#### 418 *Domestic Demand Profiles (excluding heat pump demand)*

419 The corresponding appliance demand profile calculated for each dwelling by the domestic electricity  
420 demand model (DEDM) also generated diversity, in that it factors in the different occupant numbers,  
421 variations in occupancy timings, and variations in appliance ownership into each profile generated.

422 Figure 8 shows a single DEDM profile for household electrical appliance demand over 24 hours at 1-  
423 minute time resolution. Figure 8 also shows the corresponding 24-hour heat pump demand profile  
424 (subject to load shifting) generated by ESP-r again at 1-minute time resolution. The combination of  
425 the two time series yields a unique total electrical demand profile for one household. Profiles like  
426 these were developed for each detached dwelling variant, the summation of which gave the  
427 aggregate demand characteristics for the population of 50 dwellings and heat pumps.

428

429  
430

## 431 **4 Results and Discussion**

### 432 **4.1 Buffer Tank Size Required for Load Shifting**

433 Table 7 contrasts the performance of the sensible and PCM-enhanced thermal buffers required to  
434 successfully shift heat pump operation to off-peak periods during the simulated winter week. Also  
435 shown is the performance of the reference case with no load shifting. A tank size of 500 L, with 50%  
436 of the volume occupied by PCM, enabled effective load shifting without adversely affecting the  
437 comfort or availability of hot water to the end-user. Without the inclusion of the PCM, a buffer tank  
438 of 1000 L was required. The performance data shown was derived from the time-series simulation  
439 output of the ESP-r model. Example output can be seen in figures 9 and 10, which highlight the  
440 operation of the unbuffered heat pump and the heat pump with the PCM-enhanced buffer,  
441 respectively over the course of a day. Note however, that the temperature scaling masks the small  
442 variation on outside air temperature.

443 Table 7

444 Figure 9 shows the operation of the heat pump when directly coupled in to the space heating and  
445 hot water system of the dwelling, with the heat pump initially operating to charge the DHW tank and  
446 then cycling to maintain the living space temperature. The figure also illustrates the dynamic nature  
447 of the model, with the variation flow and return temperatures, storage temperatures, heat pump  
448 output and electrical demand.

449 Figure 10 shows the effect of buffering and load shifting, with heat pump operating to charge the  
450 buffer tank, which is then discharged to meet the dwelling's space heating and hot water demands.  
451 The heat pump operation is decoupled from the evolution of the living space and hot water tank  
452 outlet temperatures. The discharge of the buffer tank is evident (Figure 10) through the sudden  
453 reductions in temperature, as the pump taking hot water from the buffer (shown in Figure 2) first  
454 charges the hot water tank and then operates to meet the space heating demand during periods of  
455 active occupancy.

456 Figure 9

457 Figure 10

458 Figure 10 also shows the effect of the of the PCM, with some temperature recovery in the outlet  
459 temperature of the buffer tank after the initial morning demand, as the warmer PCM modules heat  
460 the surrounding, cooler water.

### 461 **4.2 Energy, Economic and Environmental Performance**

462 Having identified the tank sizes required to deliver effective load shifting from the winter week  
463 simulation, full annual simulations were undertaken to assess the energy performance of the load  
464 shifted, buffered system. The results are shown in Table 8.

465 Comparing the buffered to the unbuffered case, there was a clear annual energy penalty associated  
466 with the load shift to off-peak periods. With the 500 L, PCM-enhanced tank, the annual energy use  
467 was 61% higher than in the unbuffered case with no load shift. The energy use for the 1000 L tank  
468 was 65% higher. The reasons for this increase in energy use were as follows.

469 Firstly, the COP of the buffered heat pumps was lower than the unbuffered case: the addition of the  
470 extra heat exchanger in the buffer tank between the ASHP and the heating system means that the  
471 temperature at which heat was supplied needed to be greater in order to maintain similar conditions  
472 in the dwelling. This is evident when comparing the flow and return temperatures in Figures 9 and  
473 10, the heat pump outlet temperature is some 5°C higher than the case with no buffer and towards  
474 the upper end of the modelled heat pump's capabilities. Moreover, the load-shifted ASHP operated  
475 during off-peak hours, generally during the evening and early morning when outside air  
476 temperatures were lower; this, coupled with the elevated supply temperatures resulted in the

477 temperature difference across the heat pump being greater and so the COP was reduced, as is  
478 evidenced in the performance characteristics shown in Figure 3. Secondly, whilst the buffer tank in  
479 these simulations was well insulated (with a heat loss coefficient of  $1\text{W}/\text{m}^2\text{K}$ ) it was still subject to  
480 parasitic losses not present in the unbuffered case. The impact of parasitic losses is evident in the  
481 periods of slow decay of the buffer tank temperature evident in Figure 10. The buffer tank efficiency  
482 (i.e. energy input/energy delivered) calculated from the simulations was 84% for the 1000L tank and  
483 92% for the 500 L PCM-enhanced tank.

484 It is also worth noting that the annual COP of the buffered, shifted systems is marginally higher than  
485 their COP for the simulated winter week; this would be expected as during other periods of the year  
486 the ambient air temperature is higher. The annual COP of the unbuffered system is marginally lower  
487 than in the winter week. This is due to higher levels of cycling during periods of low load in warmer  
488 months offsetting the benefit of higher ambient air temperatures. However, the annual COP of the  
489 unbuffered system is still superior to that seen in both of the buffered, load-shifted cases.

490 Table 8 also shows the calculated  $\text{CO}_2$  emissions for the unbuffered and buffered, load-shifted heat  
491 pumps. With the 2011 UK  $\text{CO}_2$  intensity shown in Figure 7, load shifting of the heat pump into off-  
492 peak periods resulted in *increased*  $\text{CO}_2$  emissions, primarily because load shifting increased the heat  
493 pump's electrical demand and because the difference in UK grid  $\text{CO}_2$  intensity between peak and off-  
494 peak periods was generally small.

495 Table 8 shows a pronounced annual cost penalty for the end user from load shifting. The additional  
496 electrical demand required for effective load shifting was not adequately compensated for by the  
497 price differential between Economy 10 off-peak unit costs and the standard unit cost shown in Table  
498 4. Based on the evidence of these simulations, the off peak-price would need to be approximately  
499 0.0815  $\text{£}/\text{kWh}$  (i.e. 62% of the standard unit electricity cost) before the load shifting became cost-  
500 neutral. The off-peak price is currently 80% of the of the standard unit price. Note that the running  
501 costs shown do not include standing charges.

#### 502 **4.3 Load Shifting a Population of Heat Pumps**

503 Two sets of simulations were run over the winter week to gauge the impact of simple, tariff-based  
504 load shifting (as exemplified by Economy 10) on the net electrical demand of a hypothetical  
505 population of 50 dwellings equipped with heat pumps. One set of simulations was run for 50  
506 detached dwellings equipped with the buffered ASHP system (500 L tank 50% PCM) subject to load  
507 shifting; and one set for 50 dwellings with unbuffered ASHP systems not subject to load shifting. This  
508 latter set of simulations was used as the reference case. Each individual simulation used a variant of  
509 the detached dwelling model, but with key parameters randomly varied to provide heat load  
510 diversity as described previously. The case illustrated here amplifies the potential impact of heat  
511 pump load management as it would be expected in most cases that the penetration of heat pumps  
512 would be less than 100%.

513 In the simulations where the operation of the heat pump was unconstrained, the heat pump could  
514 operate when the heating control was active during the morning and evening and whenever there  
515 was a requirement for space heating or hot water in the dwelling. The time settings for active heating  
516 control varied from dwelling to dwelling according to the distributions shown in Table 6.

517 In the buffered, load-shifting case, the heat pump operation was constrained; the heat pump could  
518 operate *only* within the low-cost electricity periods defined by Economy 10. However, the demand  
519 for heat was still subject to diversity. Heat was supplied for space heating and hot water from the  
520 buffer tank via a circulating pump - the operating times for this pump were randomly varied between  
521 simulations, using the same distributions used for the unconstrained heat pump shown in Table 6.

522

523

524

Figure 11

525 Figure 11 shows the net dwelling real power demands with and without heat pump load shifting over  
526 a typical 24-hour period during the simulated week.

527 The plot of the aggregate real electrical demand for the 50 dwellings, when not subject to load  
528 shifting, shows distinct morning and evening peaks when the heat pumps are in operation. However,  
529 the operation of the heat pumps (like the demand for heat) was spread over several hours during  
530 both morning and evening.

531 Shifting the operation of all of the heat pumps to off-peak periods, as defined by the Economy 10  
532 tariff resulted in new and significantly increased peak demands during the constrained operating  
533 periods; particularly in the short, off-peak periods of 13.00hrs-16.00hrs and 20.00hrs-22.00hrs, which  
534 show limited load diversity. The lack of diversity is due to the short duration of these periods: in  
535 both, the majority of the heat pumps modelled need to operate in order to replenish the buffer tank  
536 depleted by morning and early evening heat demands. Therefore, an unintentional consequence is  
537 that these brief, off-peak periods act to synchronise the population of heat pumps such that the  
538 aggregate demand of the dwellings rises to 230 kW, compared to approximately 150 kW when the  
539 operation of the population of heat pumps was not constrained by the load shifting tariff. The same  
540 figure shows that if the percentage of heat pumps subjected to the Economy 10 tariff is reduced, so  
541 the peak demand reduces.

542 The tendency of load management to reduce load diversity and produce “undesirable effects” was  
543 highlighted by Strbac [47] and similar increases in peak loading were observed by Moreau [10], who  
544 examined load shifting of electrical water-heating loads. The results presented here serve as a  
545 warning that whilst instruments such as the Economy 10 tariff investigated in this study may  
546 be beneficial to high-level grid operation they are not necessarily beneficial to the operation of the local  
547 electrical network or to individual users.

## 548 **5. Conclusions**

549 To study the ability of phase change material (PCM)-enhanced thermal storage to facilitate effective  
550 heat pump load shifting, a model of a typical UK detached dwelling complete with a buffered air-  
551 source-heat-pump (ASHP) heating system has been developed on the ESP-r building simulation tool.  
552 A series of simulations were then run using a cold UK climate week in which the operation of the  
553 heat pump was restricted to off-peak periods.

554 The simulations indicated that 1000 L of hot water buffering was required for load shifting to off peak  
555 periods. However, augmenting the thermal buffer with 50% PCM by volume halved the required  
556 volume of buffering required to 500 L without a noticeable deterioration in the space temperatures  
557 or hot water temperatures delivered to the end user.

558 In this case, the simulations highlighted an energy penalty in excess of 60% associated with the use of  
559 PCM-enhanced buffering and load shifting. This was due to a reduction in the COP of the heat pump  
560 when operated with thermal buffering, and the introduction of buffer heat losses.

561 Due to the increased energy use from load shifting and the peculiarities of the time-varying CO<sub>2</sub>  
562 intensity of the UK grid, CO<sub>2</sub> emissions were actually greater when the heat pump demand was load  
563 shifted to off-peak periods.

564 Similarly, applying UK off-peak Economy 10 prices to the load-shifted ASHP energy demand indicated  
565 that there was a cost penalty associated with running the heat pump during off peak periods, due  
566 primarily to the increased energy requirements.

567 Simulation of a population of 50, buffered heat pumps indicated that constraining them to operate  
568 only in off peak periods had the potential to substantially increase the peak electrical demand seen  
569 on the LV network compared to the case where the heat pumps were unbuffered and their operation  
570 was unconstrained.

571 **5.1 Limitations of the Study and Future Work**

572 This study has highlighted some potentially serious consequences associated with heat pump load  
573 shifting to off peak periods for the end-user and for electricity network operators. However, these  
574 conclusions need to be viewed alongside the limitations of this study as highlighted below.

575 The energy use of the heat pump was seen to increase in all of the cases simulated where buffering  
576 was used. However, whilst the heat pump system modelled here is representative of field trial  
577 installations (e.g. [33]), it was *not* optimised in relation to cost, delivery of both space heating and  
578 hot water and alternative building and system configurations are available. For example, hot water  
579 could have been delivered directly from the buffer tank, rather than a separate hot water tank.  
580 Separating the hot water and space heating functions of the heat pump would allow improvements  
581 such as outside air temperature compensation to be implemented. Refinement of the heating system  
582 modelled here may reduce the difference in energy demand between the load shifted and non-load-  
583 shifted heat pump systems, though it is unlikely that the difference between the two cases could be  
584 fully eliminated.

585 With regards to the space saving achieved through use of the PCM tank, the economic benefits from  
586 increased floor area availability must be offset against increased running costs and the capital cost of  
587 the PCM tank. As PCM thermal stores are not yet widely available in the UK, along with their costs,  
588 such a cost-benefit analysis should be the focus of future research.

589 In this study both the CO<sub>2</sub> emissions and running costs of the buffered, load-shifted heat pump  
590 system were seen to be higher than the case with no load shifting. This was a consequence of the  
591 specific time-varying carbon intensity seen on the UK network in 2011 and specific off-peak and  
592 standard tariffs applied, respectively. As the UK generation mix changes towards 2050, so the time-  
593 variations of grid CO<sub>2</sub> intensity will inevitably change and so, potentially would the CO<sub>2</sub> emissions  
594 associated with heat pump load shifting. Additionally, off-peak tariffs could be re-designed and  
595 refined to incentivise load shifting and also to minimise the risk of the load synchronisation and  
596 consequent high peak demands seen in this study.

597 Finally, constraining a population of heat pumps to operate only in narrow off-peak periods was seen  
598 to increase peak aggregate demand rather than reduce it. Note that, the modelling of the heat pump  
599 population control presented here is illustrative of a crude tariff-based approach and does not  
600 represent the optimum means of control of populations of electrical devices. For example,  
601 Bagdanavicius and Jenkins [6] use an indirect control approach, attempting to control the peak load  
602 of a population of heat pumps by altering housing thermostat settings; the same approach is  
603 adopted by Wang et al [12]. Additionally, more subtle control may be feasible as more sophisticated  
604 heat compressors are integrated into domestic heat pumps, where the compressor output can be  
605 proportionally controlled based on the load (e.g. [48]). The heat pump modelled here was equipped  
606 with a compressor that could only be operated in on/off mode.

607 The work presented here does strongly signal that more sophisticated load management strategies  
608 than a simple tariff-based approach would be required if load shifting of populations of buffered heat  
609 pumps is to bring about the desired reduction in peak demand levels, reduction in carbon emissions,  
610 reduction in costs, or synchronisation with renewable generation.

611 **7. Acknowledgements**

612 The simulation work described in this article was done with the support of the SUPERGEN Highly  
613 Distributed Energy Futures and the Top and Tail Grand Challenge in Energy Networks research  
614 consortiums and gratefully acknowledge the funding and support provided by the UK Research  
615 Council's Energy Programme under grants EP/G031681/1 and EP/I031707/1 respectively. The  
616 authors also wish to acknowledge the assistance of members of IEA ECBCS Annex 54 for their help  
617 and useful input to this work.

618 **8. References**

- 619 [1] HM Government. The UK low carbon transition plan - National strategy for climate and, energy.  
620 The Stationary Office, London 2009: pp 77.
- 621 [2] Palmer J, Cooper I (eds.). Great Britain's Housing Energy Fact File. Department for Energy and  
622 Climate Change Publication 2011. URN 11D/866.
- 623 [3] DECC, Department for Energy and Climate Change (2012) Energy Consumption in the United  
624 Kingdom: DECC Factsheet. 2012. URN 12D/291.
- 625 [4] Allen S R, Hammond G P and McManus M C. Prospects for and barriers to domestic micro-  
626 generation: A United Kingdom perspective. *Applied Energy*. 2008; 85; 6: pp. 528-544.
- 627 [5] Hewitt, N J. Heat pumps and energy storage – the challenges of implementation. *Applied Energy*.  
628 2012; 89: pp37-44.
- 629 [6] Bagdanavicius A, Jenkins N. Power requirements of ground source heat pumps in a residential  
630 area, *Applied Energy*. 2013; 102: pp591–600.
- 631 [7] Hinnells M, Boardman B, Darby S, Killip G, Layberry R. Transforming UK homes: achieving a 60%  
632 cut in carbon emissions by 2050 Proc. European Council for an Energy-Efficient Economy 2007 Panel  
633 5: Energy Efficient Buildings. Available from:  
634 [http://www.eceee.org/conference\\_proceedings/eceee/2007/Panel\\_5/5.356/paper](http://www.eceee.org/conference_proceedings/eceee/2007/Panel_5/5.356/paper)
- 635 [8] Lira L, Kelly N J. Impact of residential energy system sizing and control over heat pump's system  
636 cost and reliability. Proc. the 2nd Int. Conf. in Microgeneration Techechnologies. University of  
637 Strathclyde. Glasgow. April 4-6; 2011.
- 638 [9] P. Luickx, L. Helsen, and W. D'haeseleer. Influence of massive heat-pump introduction on the  
639 electricity-generation mix and the GHG effect: Comparison between Belgium, France, Germany and  
640 The Netherlands. *Renewable & Sustainable Energy Reviews*. 2008; v12; n8: pp. 2140-2158.
- 641 [10] Moreau, A. Control Strategy for Domestic Water Heaters during Peak Periods and its Impact on  
642 the Demand for Electricity. *Energy Procedia*. 2011; v12: pp1074-1082.
- 643 [11] D. Callaway. Tapping the energy storage potential in electric loads to deliver load following and  
644 regulation, with application to wind energy. *Energy Conversion and Management*. 2009; v50; 9:  
645 pp1389-1400.
- 646 [12] D.Wang, S.Parkinson, W.Miao, H.Jia, C.Crawford, N.Djilali. Online voltage security assessment  
647 considering comfort-constrained demand response control of distributed heat pump systems,  
648 *Applied Energy*. 2012: 96; pp96 104–114.
- 649 [13] Hong J, Kelly N J, Thomson M, Richardson I. The influence of thermal storage on microgeneration  
650 flexibility. Proc. the 2nd Int. Conf. in Microgeneration Technologies. University of Strathclyde,  
651 Glasgow April 2011: pp4-6.
- 652 [14] Hong J, Kelly N J, Thomson M, Richardson I. Assessing heat pumps as flexible load. Proc. of the  
653 IMECHE Part A: Journal of Power and Energy. 2013: v227;1; pp 30-42.
- 654 [15] Arteconi A., Hewitt N.J., Polonara F. Domestic demand-side management (DSM): Role of heat  
655 pumps and thermal energy storage (TES) systems. *Applied Thermal Engineering*. 2013: 51; pp 155-  
656 165.
- 657 [16] Williams, K. Space per person in the UK: A review of densities, trends, experiences and optimum  
658 levels. *Land Use Policy*, 26 (Supple). 2009: pp. 83-92. ISSN 0264-8377
- 659 [17] Beyer D and Kelly N J, Modelling the Behaviour of Domestic Micro-Cogeneration under Different  
660 Operating Regimes and with Variable Thermal Buffering, Proc. Microgen, National Arts Centre,  
661 Ottawa 2008.
- 662 [18] Economy 10, 2012 <http://www.electricityprices.org.uk/economy-10>. Accessed 1.11.2012.
- 663 [19] Clarke J A. *Energy Simulation in Building Design*. 2<sup>nd</sup> Ed. Butterworth-Heinemann: Oxford; 2001.
- 664 [20] Strachan P, Kokogiannakis G and Macdonald I (2008) 'History and Development of Validation  
665 with the ESP-r Simulation Program', *Building and Environment*, 43(4), pp601-609.
- 666 [21] Kelly N J, Cockroft J. Analysis of retrofit air source heat pumps performance: results from  
667 detailed simulations and comparison to field trial data, *Energy and Buildings*. 2011; v43;1: pp239-  
668 245.

669 [22] Padovan R and Manzan M, Development of a stratified tank storage component for ESP-r with  
670 embedded phase change material modules, Proc. of the IMECHE Part A: Journal of Power and  
671 Energy. 2013; v227;1: pp 53-61.

672 [23] Cockroft J, Kennedy D, O'Hara M, Samuel A, Strachan P and Tuohy P (2009), 'Development and  
673 Validation of Detailed Building, Plant and Controller Modelling to Demonstrate Interactive Behaviour  
674 of System Components', Proc. Building Simulation '09, Glasgow, pp 96-103.

675 [24] Clarke J A, Johnstone C M, Kim J M and Tuohy P G. Energy, Carbon and Cost Performance of  
676 Building Stocks: Upgrade Analysis, Energy Labelling and National Policy Development. Advances. in  
677 Building Energy Research. 3: Earthscan: London; 2008.

678 [25][http://www.bre.co.uk/filelibrary/accreditation/scheme\\_standards/SAP\\_2009\\_9-](http://www.bre.co.uk/filelibrary/accreditation/scheme_standards/SAP_2009_9-91_Appendix_S_January_2012.pdf)  
679 [91\\_Appendix\\_S\\_January\\_2012.pdf](http://www.bre.co.uk/filelibrary/accreditation/scheme_standards/SAP_2009_9-91_Appendix_S_January_2012.pdf). Accessed 27.11.2013.

680 [26] BRE The Government's Standard Assessment Procedure for Energy Rating of Dwellings, BRE  
681 Report. 2009. Available from:  
682 [http://www.bre.co.uk/filelibrary/SAP/2009/SAP-2009\\_9-90.pdf](http://www.bre.co.uk/filelibrary/SAP/2009/SAP-2009_9-90.pdf) Accessed 24.05.2013.

683 [27] Johnston D, Wingfield J, Bell M. Airtightness of buildings—towards higher performance. Interim  
684 report D1. 2004. Available online: Centre for the built Environment, Leeds Metropolitan University.  
685 [www.leedsmet.ac.uk/as/cebe/projects/airtight/airtight\\_final\\_report.pdf](http://www.leedsmet.ac.uk/as/cebe/projects/airtight/airtight_final_report.pdf) Accessed 23.05.2013

686 [28] <http://discover.ukdataservice.ac.uk/series/?sn=2000054> Accessed 26.05.2013.

687 [29] Dowson M, Poole A, Harrison D, Susman G, Domestic UK retrofit challenge: Barriers incentives  
688 and current performance leading into the Green Deal, Energy Policy, 50, 2012, pp 294-305

689 [30] Galvin R and Sunnika-Blank M, Including fuel price elasticity of demand in net present value and  
690 payback time calculations of thermal retrofits: Case study of German dwellings, Energy and Buildings,  
691 50, 2012, pp219-228.

692 [31] Jordan U and Vajen K, 2005. DHWCALC: Program to Generate Domestic Hot Water Draws with  
693 Statistical Means for User Defined Conditions, Proc. ISES Solar World Congress, Orlando, US.

694 [32] Knight I, Ribberink H (eds.). European and Canadian non-HVAC Electric and DHW Load Profiles  
695 for Use in Simulating the Performance of Residential Cogeneration Systems, A Report of Subtask A of  
696 FC+COGEN-SIM The Simulation of Building-Integrated Fuel Cell and Other Cogeneration Systems,  
697 Annex 42 of the International Energy Agency Energy Conservation in Buildings and Community  
698 Systems Programme. Natural Resources Canada, Ottawa, 2007.

699 [33] Dunbabin P and Wickins C, Detailed analysis from the first phase of the Energy Saving Trust's  
700 heat pump field trial, Department for Energy and Climate Change (DECC) Report, URN12D/018.

701 [34] UK Health and Safety Executive, Legionnaires' disease. The control of legionella bacteria in water  
702 systems: Approved Code of Practice and guidance L8, HSE publications, 2000.

703 [35] Energy Saving Trust, Solar water heating systems – guidance for professionals, conventional  
704 indirect models, Guide CE131, EST publication, 2006.

705 [36] PCM Products, 2012. [http://www.pcmproducts.net/Phase\\_Change\\_Material\\_Products.htm](http://www.pcmproducts.net/Phase_Change_Material_Products.htm).  
706 Accessed 30.10.2012.

707 [37] National Grid 2012. <http://www.nationalgrid.com/uk/Electricity/Data/Demand+Data/Jan-July>  
708 Accessed 22.11.2012.

709 [38] Fanger P. O. Thermal Comfort, McGraw-Hill; New York: 1970.

710 [39] Lawrence J C, Bull J P. Thermal Conditions Which Cause Skin Burns, Eng. in Medicine. 1976; v5  
711 (5): pp61-63.

712 [40] Hawkes A. D., 2010. Estimating marginal CO<sub>2</sub> emissions rates for national electricity systems,  
713 Eng. Policy. 2010; 38: pp5977–5987.

714 [41] Elexon, 2012. [www.elexon.co.uk](http://www.elexon.co.uk). Accessed 10.12.2012.

715 [42] Thomson M, Infield D, Impact of widespread photovoltaics generation on distribution systems, J  
716 of Renew. Power Gen. 2007; v1; 1: pp33-40.

717 [43] Richardson I, Thompson M, Infield D, Clifford C (2010), Domestic electricity use: A high-  
718 resolution energy demand model. Eng. and Build. 2010; 42; 10: pp 1878-1887.

719 [44] Shipworth, M., Firth, S. K. , Gentry, M. I., Wright, A. J., Shipworth, D. T. and Lomas, K. J. Central  
720 heating thermostat settings and timing: building demographics, Build. Res. & Inf. 2010; 38; 1: 50-69.



- 721 [45] Shorrock L D, *A guide to the development of BREDEM*, Building Research Establishment  
722 Publication, 1995
- 723 [46] ONS, Office for National Statistics, Families and Households 2012.  
724 [http://www.ons.gov.uk/ons/dcp171778\\_284823.pdf](http://www.ons.gov.uk/ons/dcp171778_284823.pdf) (Accessed 01/02/2013)[47] Strbac G, Demand  
725 side management: benefits and challenges, Eng. Policy, 36. 2008. pp 4419–4426.
- 726 [48] Lee C K, Dynamic performance of ground-source heat pumps fitted with frequency inverters for  
727 part-load control, Applied Energy, 87, 2010 pp3507–3513.

### Figure Captions

- 728  
 729 Figure 1 geometric wireframe view of the typical UK detached dwelling ESP-r model.  
 730 Figure 2 Heat pump COP and heat output vs. ambient temperature.  
 731 Figure 3a The modelled heating system supplied by the ASHP (with no buffer tank).  
 732 Figure 3b The modelled heating system supplied by the ASHP (with PCM-enhanced buffer tank).  
 733 Figure 4 Stochastic hot water draw profile for the simulated winter week.  
 734 Figure 5 Detail of buffer tank with integrated phase change modules.  
 735 Figure 6 Reference case and load shifted heat pump operating hours.  
 736 Figure 7a hourly UK grid average carbon intensity (g/kWh) for 2011.  
 737 Figure 7b hourly UK grid average carbon intensity (g/kWh) for modelled winter week.  
 738 Figure 8 combined heat pump and household appliance demand over 24 hours.  
 739 Figure 9 Temperatures and heat pump electrical demand with no buffering and no load shift.  
 740 Figure 10 Temperatures and heat pump electrical demand with load shifting and buffering.  
 741 Figure 11 effect of load shifting of all heat pumps on the aggregate demand of 50 dwellings.

### Tables

742  
 743 Table 1 characteristics of the main building elements.  
 744

Fabric element	Construction Details	'U'-value (W/m <sup>2</sup> K)	Area (m <sup>2</sup> )
Glazing	6mm glass/ 12mm air gap/ 6mm glass	3.3	24
External walls	110mm brick /60mm cavity fill /110 mm block/ 10mm gap/ 13mm plasterboard	0.37	134
Ground floor	300mm insulation/ 18mm flooring/10mm carpet + underlay	0.09	68
Upper floor ceiling	300mm insulation/13mm plasterboard	0.13	68
<b>Additional Information</b>			
Total building floor area			136 m <sup>2</sup>
Total building volume			448 m <sup>3</sup>
Total heated volume			326 m <sup>3</sup>
Average air change rate (air-changes-per-hour)			0.5

745  
 746 Table 2 key calibrated parameters and equations used with the ASHP model.

Parameter	Value	Parameter	Value
Effective mass M (kg)	110.00	Maximum ASHP inlet temperature T <sub>r</sub> (max) (°C)	65
Effective mass specific heat $\bar{c}$ (J/kgK)	3700.0	Nominal water return temperature T <sub>r</sub> (nom) (°C)	45-55
Heat loss modulus UA (W/K)	15.000	Nominal water return dead band (°C)	5

ASHP HW pump rating $P_p$ (W)	95.000	Defrost cycle ambient temperature trigger ( $^{\circ}\text{C}$ )	5.5
Mass flowrate at rated pump power $\dot{m}(t)c_w$ (kg/s)	0.26	Defrost cycle RH trigger (%)	60
Evaporator Fan power $P_{ef}$ (W)	220.0	ASHP controller power $P_{co}$ (W)	10
<p>ASHP COP:</p> $COP = 0.0005 \times (T_r - T_{\infty})^2 - 1.022 \times (T_r - T_{\infty}) + 6.3972 \quad (1)$ <p>Compressor power demand (W):</p> $P_c = 1000 \times 2.002e^{(T_r - T_{\infty})} \quad (2)$ <p>ASHP heat exchanger energy balance (J):</p> $M\bar{c} \frac{dT_f}{dt} + \dot{m}c_w T_f = P \times COP - UA(T_f - T_c) + \dot{m}c_w T_r \quad (3)$ <p>Time between defrost cycles (s):</p> $\Delta t_d = 0.06T_{\infty}^3 + 1.23T_{\infty}^2 - 25.1T_{\infty} + 0.234T_{\infty}RH + 0.0551RH^2 - 11.6RH + 629 \quad (4)$ <p>Time of defrost cycle (s):</p> $t_d = \frac{3.6 \times 10^6}{P \times COP} (-0.000311T_{\infty}^3 - 0.00489T_{\infty}^2 + 1.65 \times 10^{-8}\Delta t_d^3 - 1.05 \times 10^{-5}\Delta t_d^2 + 0.00226\Delta t_d + 0.163) \quad (5)$ <p><math>T_r</math> – return water temperature (<math>^{\circ}\text{C}</math>) <math>T_f</math> – water flow temperature (<math>^{\circ}\text{C}</math>) <math>T_{\infty}</math> - ambient temperature</p>			

747  
748  
749

Table 3 data used with DHW model to calculate hot water demand (adapted from [26]).

Appliance Draws	Basins	Appliances	Baths	Showers
Nominal flow rate (l/min)	1	6	12	8
Flow Std. deviation	2	2	0.0167	0.05
Percentage of total draw (%)	14	36	10	40
Duration (mins)	1	1	10	4
<b>Distribution of Draws</b>				
Time	0-6hrs	6hrs-9hrs	9hrs-17hrs	17hrs-24hrs
Percentage of total draws (%)	10%	50%	10%	30%

750 -  
751

Table 4 Selected characteristics of the phase change material [36].

Latent heat J/kg	210,000
Melting temperature $^{\circ}\text{C}$	48
c solid J/kgK	2410
c liquid J/kgK	2410
$\rho$ solid $\text{kg/m}^3$	1600
$\rho$ liquid $\text{kg/m}^3$	1666

k conductivity solid W/mK	0.45
k conductivity liquid W/mK	0.45

752

753

Table 5 Economy 10 on and off peak energy costs [18].

Tariff	£GBP per kWh	£GBP per kWh
Standard unit cost (for unbuffered ASHP with no load shift)	0.1308	
Economy 10 unit costs (for buffered ASHP under load-shift)	(on-peak cost) 0.1817	(off-peak cost) 0.1053

754

755

Table 6 Heating systems start/stop characteristics used in multiple dwelling study  
(derived from [27, 44, 46]).

756

Start am (hrs)	Std. Dev.	Stop am (hrs)	Std. Dev.
6.0	1.08	9.0	1.4
Start pm (hrs)	Std. Dev.	Stop pm (hrs)	Std. Dev.
16.0	1.05	23.0	2.28
Set point (°C)	Std. Dev.	Infiltration	Std. Dev.
21	2.5	0.45	0.13

757

758

Table 7 System performance and size of buffering required for effective load shifting (winter week).

	Unbuffered no load shift (reference)	1000 L hot water buffer off-peak operation	PCM-enhanced buffer 500 L + 50% PCM off-peak operation
Average living room temperature (°C)	20.9	21.2	21.0
Average buffer temperature (°C)	N/A	47.9	48.4
Average DHW temperature (°C)	44.6	44.2	43.9
Average ASHP COP (-)	3.04	2.44	2.37
ASHP heat output (kWh)	204.5	276.0	247.3
ASHP electrical energy (kWh)	69.5	115.2	106.4
ASHP cycles -	127	41	65

759

760

Table 8 Annual performance characteristics of the load shifted and reference heat pump systems.

	Unbuffered no load shift (reference)	1000 L hot water buffer off-peak operation	PCM-enhanced buffer 500 L + 50% PCM off-peak operation
Average ASHP COP (-)	2.95	2.50	2.46
ASHP heat output (kWh)	6584	9389	8941
ASHP electrical energy (kWh)	2340	3865	3756
ASHP cycles -	3330	1775	2288
CO <sub>2</sub> (kg)	1133	1892	1837
ASHP running cost (£ GBP)	306	407	395

761